



Northern Colorado Emmaus Community
Northern Lights

March/April 2009

W.W.J.D. "Walk with Jesus Daily" *By Kim McAleb*

A new year, a new renewal, whether it's new goals or new resolutions, a new job or career, a new school, a new semester, new neighbors, new friends perhaps a new marriage or divorce. The starting of the New Year can also be a sense of renewal for many in their spiritual life. The lyrics from the 1969 song titled "He ain't Heavy, He's my Brother" states, "The road is long, with many winding turns that leads to who knows where and who knows how." Well my friends, Jesus knows. He knows your destiny, he knows your path, and all you have to do is trust in Him.

Just like maintaining a New Year's resolution, you must maintain that relationship with Christ, staying in close contact with our heavenly Father. Something that has helped me stay on the path is visualizing Christ walking along the path with me. Think of it this way, W. W. J. D.,

Walk with Jesus daily. The point is the intimate union of believers with Jesus. Your very life and journey depends on this connection. To thrive, you must stay connected with Christ and your Emmaus community, with your reunion groups, through your church family, through growth and studying the Word.

This weekly reunion of believers is a way we help one another stay connected on that path to righteousness and live in grace. "It's a long, long road, with many a winding turns...", but in Christ we know where it leads and now we know how to get there, we are strong....

Is your path leading you and others to the cross?

DECOLORES!

The following article was written by Ideal Curtis, the Walk to Emmaus Western Region Leader for the Upper Room.

Ideally Speaking My thoughts, My words, My heart

I spent this last weekend sponsoring a dear friend of mine who was a pilgrim in the Central California Walk to Emmaus community. It was wonderful to be actively involved in a Walk weekend again. The sponsor's prayer hour is always so powerful. I couldn't help but begin to anticipate what God had in store for my friend as well as everyone else. Whispering a prayer each time the walk and my friend came to mind as the weekend progresses was a way to feel connected as well. And then of course Candlelight was incredible (aren't they always?). Hearing how the Spirit moved at closing is another wonderful part of the weekend.

But my favorite (and yes, I have several "favorites") part is always the closing communion service. Looking around that Sanctuary at all of the shining faces, I can't help but think that this truly is the Body of Christ. Where we all go to church doesn't matter one bit. As we focus on the body and blood of Jesus and what He sacrificed for each of us, there is such a sweet presence that fills the room and the hearts of us all.

Every time I experience that I am reminded of what a gift Walk to Emmaus is. And to think that over 1 million people have been blessed to participate. What an impact it has had! As someone commented on our 30th Anniversary DVD: "Walk to Emmaus is the best thing that has ever happened to the church in lay leadership" (not a direct quote, but close).

What an opportunity to develop the leaders in our congregations. That is the purpose, you know, of Walk to Emmaus: The renewal of the church thru the renewal of the Christian. Which means that while the 72 hour weekend is indeed very special and life changing, the real reason for Walk to Emmaus is what we do in our 4th days. How do we change our world for Christ who is counting on us? How do we share His love and grace to a hurting, lost world? Are we being the hands and feet of Jesus?

The leadership of each community (the board) has the daunting responsibility of being the guardian of integrity and spirit of the Walks, and of the all important 4th day activities.

There will be challenges (that wayward Lay Director who wants to make "one small change"), the logistics concerns (expenses and facilities), the necessity of good sponsorship (the heart of a healthy, active, thriving community), and the clergy factor (no comment needed) all of which require dedication, commitment, and praying without ceasing. And every bit of it is worth it!

The same is true, but notched up to a community of 1 million, for the Upper Room. The responsibility has been the same for 30 years: love the communities, support the leadership, insure the integrity and consistency of the movement, and pray without ceasing.

No one involved in Walk to Emmaus takes these responsibilities lightly. After all, we are privileged to be used by God in His Walk to Emmaus ministry. His ministry. His weekend. His 4th days. He is counting on us.

If you haven't sponsored or worked on a walk for a while I encourage you to do so. Not only will you remember your own walk, but you will remember how important it is to stay focused on the purpose, to be deliberate in decision making, and to pray without ceasing.

It also challenges us to re-evaluate how indeed we are changing our world for Him.

He has showed you, O man, what is good. And what does the LORD require of you?

To act justly and to love mercy and to walk humbly with your God.

Micah 6:8

Volunteer Opportunities Abound by Anita Williams

It's never too early to sign up for the 72 Hour Prayer Vigil. Walks 28 and 29 are fast approaching and we anticipate prayer slots will fill quickly. To assure you won't need to be setting your alarm at 2:00am for your 30 minute slot, sign up today! We'll leave those times to our friends in Africa and Australia. All you need to do is go to the Northern Colorado Emmaus Community website (www.northcoloemmaus.org) and click on "Volunteer Opportunities".



Photographers Needed

If you would be willing to have your name and contact information on a list of potential photographers for future NCEC Walks, please contact Anita Williams at anitaandroger@msn.com. Photos are taken on Friday mornings at approximately 10:00am.

Not only can you sign up for the 72 Hour Prayer Vigil here, you can also sign up to help the on-site Support Team, the Kitchen Team and the Prayer Team. But...you have questions, don't have time to fill an entire time slot or want to come earlier? Feel free to contact the following persons—Support on Men's Walk #28: Roger Williams, 970 613 1521 or anitaandroger@msn.com; Support on Women's Walk #29: Sue Poet, 720 283 3036 or smpoet@comcast.net; Kitchen Team for either Walk: Anita Williams, 970 613 1521 or anitaandroger@msn.com. Ask a friend or two to also sign up and come with you. You'll be glad you did. Thanks! Anita

A Couple of Important Reminders:

- 1) If you are interested in serving on the Conference Room Team, you must have served on the Community Support Team either as drop in support or as a 72 hour overnight support team member. To sign up for drop in support, sign up through the web site www.northcoloemmaus.org.
- 2) The Team Selection Committee relies on Team Application forms to help them discern team members. Be sure to submit an application for each Walk. Applications are found on the web site.

KAIROS CLOSINGS

Kairos Closings	Date	Contact
Sterling South #12	May 3	Thomas Sonntag tsonntag@hamilton.net
Denver Women's #11	June 7	Glenda Condon glendagaycondon@yahoo.com
Sterling North #14	Nov. 8	Thomas Sonntag tsonntag@hamilton.net
Denver Women's #12	Dec. 6	Glenda Condon glendagaycondon@yahoo.com

Link to the Kairos website: <http://www.kairosprisonministry.org>

Contact the folks shown above for an application to attend a closing!!!

Walk schedule for 2009

Date	Application	Location
April 16-19, 2009	Deadline: April 2, 2009 Apply here	Men's Walk # 28 -- First Christian Church 2000 N Lincoln Ave, Loveland, CO Map to First Christian Church
April 23-26, 2009	Deadline: April 9, 2009 Apply here	Women's Walk # 29 -- First UMC, Laramie 1215 E. Gibbon Street, Laramie, WY Map to First UMC, Laramie
April 23-26, 2009		Columbine Emmaus Men's Walk # 14 -- Id Ra Ha Je, Bailey, CO Map to Id Ra Ja He
April 30 - May 3, 2009		Columbine Emmaus Women's Walk # 15 -- Id Ra Ha Je, Bailey, CO Map to Id Ra Ja He
June 11-14, 2009		EOTR Women's Walk # 136 -- Hermit Basin 1699 Camino Rd. Westcliffe, CO Map To Hermit Basin
June 18-21, 2009		EOTR Men's Walk # 137 -- Hermit Basin 1699 Camino Rd. Westcliffe, CO Map To Hermit Basin
September 24-27, 2009 Apply here	Deadline: September 10, 2009 Apply here	Men's Walk # 30 -- First UMC, Laramie 1215 E. Gibbon Street, Laramie, WY Map to First UMC, Laramie
October 1-4, 2009 Apply here	Deadline: September 17, 2009 Apply here	Women's Walk # 31 -- UMC of Fort Morgan, 117 E Bijou Ave, Fort Morgan, CO Map to Fort Morgan UMC
October 1-4, 2009		Columbine Emmaus Men's Walk # 16 -- Id Ra Ha Je, Bailey, CO Map to Id Ra Ja He
October 8 - 11, 2009		Columbine Emmaus Women's Walk # 17 -- Id Ra Ha Je, Bailey, CO Map to Id Ra Ja He

2009 NCEC Calendar

- April Board Meeting – Saturday, April 4th First Christian, Loveland, 3:00 pm
- April Walks – see dates and locations above
- May Gathering, Saturday, May 9th 2009, Long's Peak UMC, Longmont, CO
- Gathering Picnic, Saturday, June 13th, Welcome Table Christian Church, Brighton Rec Center, 555 North 11th Ave, Brighton, CO
- And more... see [web page](#) for more information on our upcoming schedule and addresses for events

2009 Board Representatives

TITLE	NAME
Chairman and Community Lay Director	Perry Cogburn
Vice Chairman	Pat Olsen
Secretary	Rus & Kris Bakich
Treasurer	Anita Williams
Community Spiritual Director	Rev Tom Webster
3-Day	Karl Winegardner
Facilities	Sue Poet
Agape	Pete and Jorie Maggs
Chrysalis Coordinator	Pat Olsen
Communications & Newsletter	Sherry Wells
Fourth Day	Perry Cogburn
Gatherings	Bruce and Sherry Case
Kairos	Rus & Kris Bakich
Leadership Development	Todd & Renee Howard
Music	Judi Taylor
Nominations	Pat Olsen
Outreach/Hospitality	Elaine Prascher
Prayer Coordinator & Pre-Emmaus	Karl Winegardner
Registrar	Taylor and Millie Learning
Team Selection	Bill & Kim McAleb
Pre-Emmaus	Roger and Anita Williams

Board Happenings

Your NCEC Board met Saturday, March 14 at the Broomfield UMC. Items discussed include:

- Encouraging sponsorship:.Application deadlines are April 2 for the Men's Walk and April 9 for the Women's.
- Inventorying the trailer: Anyone interested in helping should be at the 1st Christian Church in Loveland at 9:00 a.m. on March 28.
- Discerning Lay Director candidates for the Fall Walks.
- Filling the vacant Board position.
- Reviewing the Minute x Minute
- Planning for Board Member training.

Don't Forget!

- † Don't forget the April Walks — volunteer opportunities, Candlelight, Closing, Agape
- † Don't forget to prayerfully consider whom you would like to bless by inviting them to attend a "Walk to Emmaus".
- † Don't forget to get involved in a Reunion Group.
- † Don't forget to start thinking about table or pillow agape for the spring Walks.
- † Don't forget there are other Emmaus walks scheduled. Visit <http://www.upperroom.org/Emmaus/community/default.asp> to sign up for a prayer vigil in a far away place.
- † Don't forget "Christ is counting on YOU!"
- † Don't forget to count on Christ!

Visit the Northern Colorado Emmaus Community website often.

The address is <http://www.northcoloemmaus.org/index.htm>.

To include an article or personal story in the May issue of Northern Lights, it must be received by April 22nd. Email it to Sherry Wells, Communications at:

cosherrywells@yahoo.com.

DeColores,
Sherry